Fixing America's Incel problem, A Guide for Parents

by Anthony of Boston

When men are conjoined with women in relationships, a large content of negative reactive energy within men is kept in check. The most efficient way to enable access to women is through the formation of groups. The existence of nightclubs and bars, while effective in initiating the approach and introduction, don't always provide the environment for furthering a kinship between man and woman. The relationship is left having to develop outside of the nightclub or bar arena. And if the man is handicapped in terms of wealth, status, or physiology, he will be unable to further his aim towards consummating the relationship. If a man is well put together, the bar or nightclub scene would not undermine his efforts to find and keep a mate. This is why another approach is necessary for those who do not have the attributes necessary to garner the pivotal first impression required in breaking the ice of a potential romantic involvement.

The small hobby-based groups are a better option for the less socially inclined introverts. This environment allows them to form an impression over time and also display personality characteristics that are held in high regard by women i.e. how good a man is at making friends with those of the same sex. A man's ability to be nice to other men and also maintain good connections with other men is an often over-looked feature that men do not recognize as something that women would look for in men. For some women, a man's connections with other men is a top priority for her when it comes to choosing a mate. It's important for the non-status, non-wealth, or non-bravado-inclined to tap into this demographic. This is much easier to do in smaller settings consisting of shared hobbies.

Another option is for the male to simply infiltrate the woman's inner circle of friends, which is something that may still need to be done even in hobby-based group settings. Infiltrating the woman's inner circle should be standard protocol for non-

wealth, non-status, or non-bravado-inclined men in school and life. This requires the less socially inclined introvert to muster up a certain discipline to meet and make connections with other men, since men and women will often make up a woman's inner circle. Women measure a man's niceness by his ability to make friends and connections with other men. While introversion may hinder the ability to initiate friendship, it does not the hinder the ability to keep them. Awareness of this will help one realize that initial difficulties and awkwardness will eventually pass and rapport will be developed at some point. The more rapport a man develops with men in a woman's inner circle will greatly increase his chances of a romantic encounter—if not with the target female, then perhaps with another female in the group. In some cases, women have a tendency to promiscuity with men they perceive to be within their inner circle. The probabilities are high that if the woman perceives you to be part of her inner circle, she could target you for romantic encounter, irrespective of status or money or bravado, and in some cases irrespective of physiology and confidence level.

The key sign of romantic interest by a woman towards a man is arm-touching. This outranks hugs by far as the indicator that a woman is romantically interested. Therefore, a simple outline of a non-status, non-wealth, non-bravado man's plan to garner a romantic response is to simply identify the woman's inner circle, began making friends with the men in her circle(forgive the initial awkwardness since it will pass) and as time passes in fellowship with members of her inner circle, wait for any of the females in that group to start consistently touching one's arm. It is a signal that one is very close to a sexual/romantic encounter. When the woman's consistent contact eventually becomes arm to arm(the side of her arm touching the side of the man's arm), one may be able to advance for a kiss and then possibly have a sexual encounter followed by a relationship. This protocol does not require any bravado. It only requires patience and kindness and strong connection with the men in her circle. Dealing with the men in her circle will require a

great deal of patience, especially if they are inclined to bravado and jealousy. The harsh reality for the introvert here is that one has to deal with men in order to gain access to the woman. The upside for the introvert is that his natural passivity may aid in maintaining connections. Keep in mind that making and keeping friends is essentially "power." Something that should not be underestimated in terms of attractiveness. All the introvert has to do is forgive himself and others for the initial awkwardness that will fade away. The remainder of his personality will be helpful in keeping his connections, which will in itself aid his romantic pursuits regardless of his confidence.

A handicapped physiology is very limiting. While deformity lowers one's chances of consummation, it does not completely eliminate it. However, one in that predicament may have to lower his standard of attractiveness for women in order to deal with the inferiority complex that arises with a deformed physiology.

If it turns out that the woman does not have an inner circle, the man must show that he has one of his own. Even the less socially inclined female will appreciate the man who has his own circle of friends. Being nice, developing friendship, and keeping them is essentially "power."

The society must first enable access to romantic consummation. There are already schools, nightclubs, bars, and dating websites. These are helpful for most male archetypes. However, it still leaves the introvert, socially awkward archetype at a disadvantage. In order to accommodate this demographic, another institution must be developed by the society and it has to tap into the hobby-based group dynamic.

The introvert may insist that he is simply unable to make friends. However, just being present in many cases will compel other men to approach the introvert for a multitude of

reasons. This can be used as the entry point. They may simply ask the introvert for a quick favor or resource. Giving a little help to the person here and there can leave the door open for the introvert to develop a social connection with that person depending on how outgoing that person is and how often they approach the introvert asking for his help. In this case, the introvert doesn't have to socially assert himself too much in order to build a connection. If the person who approached the introvert has other friends, this will provide the introvert access to his social connections. If he is consistent in asking the introvert for favors or resources, then it will be easier for the introvert to build a connection. In this regard, the introvert's only response has to be whether or not he decides to want to help them. The introvert doesn't have to display any charisma or persona. Social connection implies that there is a certain degree of comfort between the introvert and the other man. The advantage the introvert has will be "patience" since it is likely he will not be concerned if a friendship with another male does not develop. In the introvert's mind, the number one interest is a woman, and men are simply a stepping stone to that goal.

If the introvert is lucky, the man approaching him on a regular basis and by default building a connection with him by asking for little favors here and there will have an inner circle of his own with both men and women. Favors asked by this person could be regarding directions, knowledge, or a small amount of money. But once introvert makes the social connection with just that one person by fulfilling those little favors, he can go to the next step, which is making a connection with another male in that person's circle. Not everyone in his circle will like the introvert. So, this will require some patience and self-forgiveness. Just being present without saying much will suffice. All the introvert has to do is simply wait for another male member of the circle to ask for a favor and build from there.... much in the same way he did with the first male. Once the introvert is able to make a connection with at least 3 males in that circle, the women in the group may develop some

comfort with the introvert and may initiate conversation. Here, it is important for the introvert to remember to remain nice to the other males in the group. As his reputation grows in that circle, the women will be more comfortable with him. Once the introvert has established a good connection and comfort with at least 3 males in that group, he won't have to be present as much. And at the same time, he will still be regarded by the women as having some social leverage. He can be his introverted self again while still enjoying the privileges of group acceptance. However, he should not stay away for too long. It is still important for the introvert to maintain the connection and comfort he has with the 3 males in the group, since that will be key in getting a woman in the group to be comfortable with him. When it comes to connecting with the woman of interest, the best methodology is to engage with her and then back away and focus on the male friendships. The introvert should continue to show to her how connected he is in the circle. Do favors for the male members of the group in front of her. And then re-engage her with conversation or small talk. Keep following this program until the arm touching begins. That is usually the key sign. Confirmation is when it becomes arm to arm—she would begin rubbing up against the introvert with the side of her arm touching the side of his arm. At that point, he will have achieved romantic interest. However, she may initially be more comfortable showing him this affection within the group environment before getting him into a one on one situation. Being introverted, he may have to continue on this path until she makes an invitation where he and her can be alone. Jealousy issues in the group may discourage the introvert. He may need to apply some resolve in this case.

Simply being present and fulfilling favors here and there is enough for the introvert to develop social connections and a certain degree of comfort with others, since the outgoing male will always be willing to ask someone for help. For this reason, the introvert does not have to rise much above his natural station in order to develop the social connections needed to get

women comfortable with him. The introvert is often too quick to focus on the female, forgetting the other necessary factors that will make the process much easier. If the introvert can remember not to throw away male friendship and connections that fall into his lap, he can increase his odds of having more women in his life without the need for confidence, money, status, and in some cases physiology.